



# January 2012 Newsletter

Grow Appalachia  
February Meeting  
Thursday the 23th  
5:30 PM  
Come prepared to plan!  
Meal provided

## Welcome our new Grow Appalachia Coordinator

The New Year brings the opportunity for renewed hope, great expectations, and the chance for a fresh start to apply lessons learned and improve our outcomes in this New Year. To help many individuals and families reach these personal goals, Red Bird Mission is pleased to announce that Karen Dial has accepted the position of Family Ministries Coordinator. Karen will manage both agricultural projects: Grow Appalachia and Red Bird Farmer's Project. She will be available 5 days a week and can also assist with furthered education, benefit attainment, homelessness prevention, and support services.



Karen Dial, RBM GA Coordinator

## 2012 Fruit and Vegetable Conference



This month Chad, our field worker and Karen, our new GA Coordinator attended the 2012 Fruit and Vegetable Conference.

This conference offered a variety of different training sessions on fruit and vegetable production.

A few of the sessions we were able to attend included organic farming and gardening, small fruit production, tree fruit production, farmers markets, cover crops ,crop rotation, weed control, Heirloom vegetables, fall cole crop production, hydroponic tomato Production and social media marketing.

We obtained a lot of valuable information that we would like to share with our participants. If you have any questions pertaining to the above subjects please contact us at (606) 598-0520 ask for Karen or Chad.



**CONTACT  
INFORMATION**

Karen Dial —  
Family Ministries Coordinator  
kdial@rbmission.org  
Chad Brock—  
G.A. Field Worker  
cbrock@rbmission.org

Red Bird Mission  
Grow Appalachia  
70 Queendale Center  
Beverly, KY 40913

*Feeding Kentucky...  
one family at time.*

**County Cooperative  
Extension Numbers:**

Clay office: 598-2789  
Leslie office: 672-2154  
Bell office: 337-2376

Contact your local extension office to sign up for their monthly newsletter. They are informational and have excellent tips for the entire family.

**2012 Spring Berry Plant Orders**

We are finalizing our berry order this month. Second year participants interested in growing berries may be eligible for grant funds to purchase plants. Contact us with your request. Others may call the extension office to purchase plants directly by January 30<sup>th</sup>.

Prices/Varieties: strawberries: \$13.00 per 100, blackberries: \$3.00 per plant, raspberries: \$3.00 per plant, blueberries: \$6.00 per plant, asparagus: \$1.00 per plant, rhubarb: \$6.00 per plant, and apple and pear rootstock for \$1.00 each.

**Heads Up on the February Meeting**

The February meeting will be a Meet & Greet meeting as well as an Orientation/Planning meeting for the upcoming year. Karen and Chad are excited about the new ideas that will come out of this “brain-storming” opportunity and for the opportunity to share your dreams with Karen.

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**Come check out our blog!**

**<http://growappalachia.blogspot.com>**

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**2012 Grow Appalachia  
Applications**

If you have not submitted your application for your personal garden or your community garden for 2012 please send those in. We currently have twelve positions available. If you know families who would like to participate have them come and fill out their application.

**News/Tips**

2 Website Suggestions: <http://www.southernsare.org/News-and-Media/Press-Releases/Appalachia-Identified-as-Most-Diverse-Foodshed-in-North-America>

[www.burpeehomegardens.com](http://www.burpeehomegardens.com)

Type the above addresses in the URL window if clicking on them (in email) doesn't directly go to the link.